|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **DATA** | **8.00****-****8.45** | **8.50****-****9.35** | **9.40****-****10.25** | **10.30****-****11.15** | **11.20****-****12.05** | **12.10****-****12.55** | **13.00****-****13.45** | **13.50****-****14.35** | **14.40****-****15.25** | **15.30****-****16.15** | **16.20****-****17.05** | **17.10****-****17.55** |
| **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **9** | **10** | **11** | **12** |
|  | 19.03.2022 | PD | PD | PD | PD | PD | BH | BH | BH | BH | BH | AD | AD |
|  | 20.03.2022 | TI | TI | TI | TI | TI | PD | PD | PD | PD | PD | AD | AD |
|  | 09.04.2022 | SD | SD | SD | SD | SD | PZ | PZ | PZ | PZ | PZ | AD | AD |
|  | 10.04.2022 | TI | TI | TI | TI | TI | PZ | PZ | PZ | PZ | PZ | PD | PD |
|  | 21.05.2022 | SD | SD | SD | SD | SD | PD | PD | PD | PD | PD | PD | PD |
|  | 22.05.2022 | TI | TI | TI | TI | TI | BH | BH | BH | BH | BH | PD | PD |
|  | 11.06.2022 | TI | TI | TI | TI | TI | PZ | PZ | PZ | PZ | PZ | PD | PD |
|  | 12.06.2022 | SD | SD | SD | SD | SD | TI | TI | TI | TI | TI | PD | PD |
|  | 18.06.2022 | SD | SD | SD | SD | SD | PD | PD | PD | PD | PD | AD | AD |
|  | 19.06.2022 | TI | TI | TI | TI | TI | PZ | PZ | PZ | PZ | PZ | AD | AD |

**LEGENDA:**

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| --- | --- | --- |
| **PRZEDMIOT** | **ŁĄCZNA ILOŚĆ GODZIN** | **NAUCZYCIEL** |
| **BH** | Podstawy bhp | **10** | **Marzena E.** |
| **PD** | Planowanie diety odchudzającej | **30** | **Marzena E.** |
| **PZ** | Planowanie żywienia w profilaktyce chorób cywilizacyjnych | **20** | **Marzena E.** |
| **AD** | Antagonistyczne działanie ośrodków głodu i sytości | **10** | **Marzena E.** |
| **SD** | Suplementy w diecie | **20** | **Marzena E.** |
| **TI** | Tworzenie indywidualnego programu odchudzającego | **30** | **Marzena E.** |
| **RAZEM:** | **120** |  |